

Parent Bulletin



23rd - 27th May 2022

Week 2

Lordswood Girls' School
www.lordswoodgirls.co.uk
0121 429 2838

Upcoming Dates

Date	Event
W/C 23rd May	Year 12 Work Experience Week
Monday 30th May - Friday 3rd June	Half term holiday
W/C 6th June	Year 7 Examinations
Tuesday 14th June	Whole school PSHE Day
Friday 17th June	Parent Forum 8-9am

Being Thankful

As a school we are incredibly thankful for the support that we receive from parents on a daily basis. The partnership between home and school is a vital part of student success.

As headteacher, I am fortunate to have an amazing team of staff who regularly go above and beyond for the students at Lordswood Girls' School. This can include, giving up break times and lunchtimes to support students, providing enrichment activities at lunchtimes or after school, organising trips and outside speakers, emailing students out of school hours, running intervention sessions in school holidays... the list could go on forever.

In form time we have been (or will be) encouraging students to write thankyou cards to share their appreciation for where members of staff have gone the 'extra mile' to help your child.


If you would like to share in this activity please email lgs-enquiry@lordswoodtrust.co.uk with the heading 'Thank you' and details of who has made a significant contribution to your child's enjoyment of school. We will ensure that the appreciation is shared with the member of staff.

Year 7 End of Year Examinations

The examinations will be taking place during the week of 6th -10th June and will cover the topics covered throughout the year. Further information will be shared with all students by their class teacher.

Year 12 Work Experience 23rd - 27th May

Most of Year 12 will be out of school on Work Experience next week. Those students who have not arranged a placement, must remain in sixth form every day to complete the bespoke work experience programme below:

 [Bespoke Work Experience Programme 23rd May - 27th May 2022.pdf](#)

Many thanks,
Mrs McInerney
01214205960
r.mcinerney@lordswoodtrust.co.uk

Year 7 Parent View Survey

Parents and Carers of students in **Year 7** have been sent a link to complete a short survey in order for us to gather your views on a range of school related areas to help us ensure we are providing the best provision for our students.

If you haven't completed the survey yet, please click on the relevant link below.

<https://forms.gle/5V1qHzvDjmguvNRH7>

We would appreciate you taking the time to fill in this survey at your earliest convenience. Please note that this survey will be open to accept responses until Monday 23rd May 2022.

Year 11 Parents Attendance Consent

Thank you to those parents of Year 11 who have completed the consent form for your child's attendance at school after May half term whilst their examinations are taking place. If you have not completed the form and wish for your child to be in school, please complete the following google form:

https://docs.google.com/forms/d/e/1FAIpQLSdobiJIMCXoWFRMXkIn_g-P9qxGfxplomTavLvJiXZPHmr_bA/viewform?usp=sf_link

This form will close on Monday 23rd May at 9am, any parents who have not completed the form by this point will indicate to us that your child will not be in school before, after or between examinations.

Exam pressure

Video 4 -

https://www.youtube.com/watch?v=FBjTzEhgk-k&list=PLkocNW0BSuEGfPIfEa_CBJQ_mnqOQkVAL&index=4

[BBC Radio 4 - Woman's Hour - How to support a teen through exam season](#)

Careers Information

The summer is fast approaching and lots of us like to be outside at this time of year soaking up the fresh air and enjoying the sun! If you particularly enjoy being in the great outdoors, why not consider a career in the countryside?! Take a look at the link below for some outdoor career inspiration:

[Countryside jobs link](#)

Summer Drama Clubs

This summer we will be holding a Performing Arts showcase on Thursday 14th July and we need you!

- Students in Year 7 are invited to attend a KS3 drama club with Miss Briggs on Tuesday lunchtimes.
- Students in Year 8 are invited to attend a KS3 drama club with Miss Briggs on Friday lunchtimes.
- Students in Years 9 and 10 are invited to attend GCSE Drama club Thursday lunchtimes with Mrs Swallow.

During these sessions we will create work to perform at the event in July. Clubs will be held in G8.

Tickets will be on sale via parentmail in June. Please be aware there will be limited to 2 per student in the first instance.

Clubs begin the week beginning 23rd May.

Home School Communication Policy

Communication between home and school is vital. To support in ensuring that communication is both effective and manageable, the school has a Home school communication policy. This can be found on the school website via the following link:

<http://lordswoodgirls.co.uk/wp-content/uploads/2022/05/Home-School-Communication-Policy.docx.pdf>

If ever you need to contact the school please refer to the guidance contained within the policy about how best to do this.

Staying Safe at Festivals

Soon, many older teenagers will be packing their pop-up tents and wellies for a high-old time at their first festival. For most, their weekend will be exciting and eventful. For others, it may be memorable for the wrong reasons.

The Festival Safe website aims to help first-time festival (and hardened veterans) have a safe experience. Amongst other topics, the site includes a section on alcohol and other drugs, including:

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- Understanding The Law
 - General Harm Reduction Guide
 - Alcohol Harm Reduction Guide
 - Drugs Harm Reduction Guide
 - Drug Testing

Festival Safe can be found here:

<https://www.festivalsafe.com/information/drugs-alcohol>

Children and parents: media use and attitudes report 2022 (Ofcom)

One of the main concerns that parents raise with school is around online safety of youngsters. Each year Ofcom produces a report looking at media usage in young people. Ofcom's latest report looks at media use, attitudes and understanding among children and young people aged 3-17. It also includes findings on parents' views about their children's media use, and how parents of children and young people aged 3-17 monitor and manage their children's use.

Key points from the report include:

- Nearly all children went online in 2021 (99%); the majority used a mobile phone (72%) or tablet (69%) to do so.
- Using video-sharing platforms (VSPs) such as YouTube or TikTok was the most popular online activity among children aged 3-17 (95%).
- Among all types of online platforms, YouTube was the most widely used by children; 89% used it, compared to half using TikTok. But TikTok was more popular than YouTube for posting content.
- A majority of children under 13 had their own profile on at least one social media app or site; 33% of parents of 5-7s said their child had a profile, and 60% of 8-11s said they had one.
- Just four in ten parents of 3-17s knew the minimum age requirement for using most social media; 42% correctly said 13. Four in ten parents of 8-11-year-olds said they would allow their child to use social media (38%).
- Six in ten children aged 3-17 played games online in 2021, increasing to three-quarters of 12 - 17s.
- More than a third of 8-17s who gamed online played with people they didn't know (36%); overall, 16% of 8-17s chatted to people they didn't know, via the messaging/chat functions in games.
- Children were more likely to experience being bullied via technology than face-to-face: 84% of 8-17s said they had been bullied this way (i.e., via text or messaging, on social media, in online games, through phone or video calls, or via other apps and sites) compared to 61% being bullied face-to-face.

If you are interested in this, you can download the report here:

<https://www.ofcom.org.uk/research-and-data/media-literacy-research/childrens/children-and-parents-media-use-and-attitudes-report-2022>

Further resources



Try our Combined Minds app

Combined Minds is a FREE app developed for teenage mental health charity stem4 by Dr. Nihara Krause, Consultant Clinical Psychologist, to help families and friends support young people with their mental health.

Combined Minds helps families and friends to find ways to provide the right environment to help the individuals they support affect their own change. As important influencers in the lives of young people, this provides positive impact on their mental health.

Download today

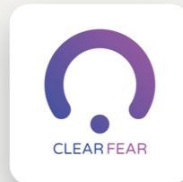


Please note that none of the stem4 apps substitute for seeing a mental health professional / GP. Please see a suitably qualified professional for assessment and advice on treatment.

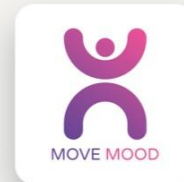
stem4's digital portfolio



Calm Harm is a free app to help teenagers manage or resist the urge to self-harm.



Clear Fear is a free app to help young people manage the symptoms of anxiety.



Move Mood is a free app to help teenagers manage symptoms of depression.

Get in touch

stem4
supporting teenage mental health
registered charity No. 1144506



For more information about stem4 and what we do, check out our website stem4.org.uk or email us at enquiries@stem4.org.uk

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Holocaust Educational Trust Book Club Recommendations

Forgotten Voices of the Holocaust – Lyn Smith

The great majority of Holocaust survivors suffered considerable physical and psychological wounds, yet even in this dark time of human history, tales of faith, love and courage can be found. As well as revealing the story of the Holocaust as directly experienced by victims, these testimonies also illustrate how, even enduring the most harsh conditions, degrading treatment and suffering massive family losses, hope, the will to survive, and the human spirit still shine through.